



QUALIA

MIND®

PREMIUM COGNITIVE SUPPORT™

FOCUS • MEMORY • DRIVE™

DIETARY SUPPLEMENT
154 CAPSULES

Supplement Facts

Serving Size: 7 Vegetarian Capsules

Servings Per Container: 22

Amount Per Serving		%DV
Vitamin C (as ascorbic acid)	100 mg	111%
Vitamin D3 (as cholecalciferol from VegD3®)	25 mcg (1,000 IU)	125%
Thiamine (as thiamine HCl)	50 mg	4167%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxal 5'-phosphate)	20 mg	1176%
Vitamin B12 (as methylcobalamin)	1000 mcg	41667%
Pantothenic Acid (as calcium pantothenate)	50 mg	1000%
Choline (as alpha-GPC and Cognizin®)	110 mg	20%
Acetyl-L-Carnitine HCl	500 mg	**
Artichoke Leaf Extract	400 mg	**
Bacopa monnieri Aerial Parts Extract	300 mg	**
Rhodiola rosea Root Extract (3% rosavins; 1% salidroside)	300 mg	**
DL-Phenylalanine	300 mg	**
N-Acetyl-L-Tyrosine	250 mg	**
Taurine	200 mg	**
L-Theanine	200 mg	**

Amount Per Serving	%DV
L-Alpha-Glycerylphosphorylcholine (alpha GPC)	200 mg **
Uridine-5'-Monophosphate disodium salt	160 mg **
Cognizin® Citicoline	150 mg **
Organic Coffeeberry® (90 mg caffeine)	
Whole Coffee (Coffea arabica) Fruit Extract	129 mg **
Velvet Bean (Mucuna pruriens) Seed Extract	100 mg **
Phosphatidylserine (from sunflower seed lecithin)	100 mg **
AvailOm® DHA (as docosahexaenoic acid from Algae)	80 mg **
Celastrus paniculatus Seed Extract	60 mg **
Ginkgo biloba Leaf Extract (24% glycosides)	50 mg **
Coleus forskohlii Root Extract (20% forskolin)	20 mg **
Pyroloquinoline Quinone disodium salt	10 mg **
Huperzia serrata Aerial Parts Extract (1% huperzine A)	5 mg **

** Daily Value (DV) not established

Other Ingredients: Hypromellose, Rice Concentrate, Silicon Dioxide, Calcium Carbonate

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AvailOm® is a trademark of Evonik Operations GmbH. VegD3® is a trademark of Avila, Inc. VegD3® is a plant based, vegan vitamin D3 exclusively distributed by AIDP, Inc.