

SUGGESTED USE: TAKE 3 CAPSULES DAILY WITH FOOD. FOR QUICKER RELIEF, TAKE A LOADING DOSE OF 6 CAPSULES DAILY FOR THE FIRST TWO WEEKS, OR AS DIRECTED BY A HEALTHCARE PRACTITIONER.

CAUTION: CONSULT A PHYSICIAN PRIOR TO USE IF YOU HAVE ANY MEDICAL CONDITIONS. GLUCOSAMINE IS DERIVED FROM SHELLFISH. PEOPLE ALLERGIC TO SHELLFISH SHOULD NOT CONSUME THIS PRODUCT.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

- HELPS REDUCE JOINT PAIN AND INFLAMMATION*
- PROMOTES JOINT MOBILITY AND FLEXIBILITY*
- ASSISTS JOINT AND CARTILAGE INJURY RECOVERY*
- 3RD PARTY TESTED FOR PURITY, POTENCY AND FRESHNESS

FREE OF

SOY | WHEAT | MILK | EGG
SWEETENERS | CORN | PEANUTS

V2R1 - LOT# AND EXPIRATION DATE PRINTED ON THE BOTTOM OF BOTTLE.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



X001J0SYN1

VOSTOK



GLUCOSAMINE CHONDROITIN

TURMERIC & MSM

90 VEGGIE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Capsules / Servings Per Container: 30

	Amount Per Serving	%DV
Glucosamine Sulfate	1500mg	**
Bosweilla Extract	200mg	**
Chondroitin Sulfate	150mg	**
Turmeric	150mg	**
Quercetin	25mg	**
Methionine	25mg	**
MSM (Methylsulfonylmethane)	25mg	**
Bromelain	25mg	**

** Daily Value (DV) not established

Other Ingredients: Cellulose (Vegetable Capsule), Rice Flour.
Contains: Shellfish.

NO

FILLERS BINDERS | ARTIFICIAL INGREDIENTS
CHEMICALS PRESERVATIVES | COLOR ADDITIVES

MANUFACTURED FOR:

VOSTOK

VOSTOK NUTRITION

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**MADE IN
USA**