## EBOOST 78°

# Your workout Crusher.

Pow® Pre-Workout



Berry Melon Fizz NATURALLY FLAVORED Net Wt. 0.42 oz (11.9 g)
DIETARY SUPPLEMENT

# Supercharge your performance.\*

Caffeine Level: 175 mg

- + Clean energy and focus\*
- + Performance support\*
- + Fast-acting effervescent system\*
- + Joint mobility and comfort\*
- + Natural caffeine
- + Gluten-free, allergen-free, soy-free, and non-GMO
- + No artificial flavors, colors, or sweeteners

POW® enhances your mind and muscles.\* Work out hard and recover smoothly with clinically tested ingredients in doses that deliver.\*

### **DIRECTIONS:**

5 to 10 minutes before your workout, empty one packet into a glass or bottle. Add 6-8 fluid ounces of cold water and allow mixture to fizz. Mix gently to avoid excess foaming. DO NOT SHAKE. Do not exceed 2 servings daily. Protect from heat, light, and moisture.

Heads Up: POW® contains beta-alanine, a natural amino acid that may cause a harmless and temporary tingling sensation.

CarnoSyn® is a registered trademark of Natural Alternatives International Inc. covered by one or more patents identified at www.carnosyn.com. EfferSoda® is a registered trademark of SPI Pharma. FruiteX-B® (US Patent #5962049) is a registered trademark of VDF FutureCeuticals, Inc.

WARNING: For healthy adults 18 years of age or older. Consult a medical doctor before use, especially if you are pregnant, nursing, anticipate surgery, take medication, or are otherwise under medical supervision. Keep out of reach of children.

MADE IN THE USA - This product contains ingredients of international and domestic origin.

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### Supplement Facts

Serving Size: 1 packet (11.9 g)

Amount Per Serving	%DV
Calories 40	
Total Carbohydrates 7 g	3%†
Sugars 2g	**
Includes 2g Added Sugar	4%†
Sodium (from EfferSoda® Sodium Bicarbonate 178 mg Sodium Carbonate)	8%
Potassium (as potassium bicarbonate) 390 mg	8%
CarnoSyn® Beta Alanine 1,600 mg	**
N-Acetyl-L-Tyrosine 600 mg	**
Organic Beet Root Powder 500 mg	**
Calcium Fructoborate (as FruiteX-B®) 216 mg	**
L-theanine 200 mg	**
Natural Caffeine (from coffee bean extract) 175 mg	**
Dimethylaminoethanol (DMAE) 130 mg (as DMAE Bitartrate)	**
5-Hydroxytryptophan (from <i>Griffonia</i> 40 mg <i>Simplicifolia</i> seed extract)	**

† Percent Daily Value (DV) is based on a 2,000 calorie diet. \*\* Daily Value (DV) not established.

Other Ingredients: Citric acid, organic cane sugar powder, organic rice syrup solids, silicon dioxide, natural flavors, rebaudioside A (from Stevia Leaf Extract).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.