

SUGGESTED USE:

As a dietary supplement take two (2) veggie capsules once a day. For best results take 20-30 min before bedtime with an 8oz. glass of water or as directed by your healthcare professional.

CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SUPPLEMENTS

DIETARY SUPPLEMENT

zZz NIGHT

NATURAL SLEEP SUPPORT*



18 UNIQUE
INGREDIENTS

60 CAPSULES



Supplement Facts

Serving Size: 2 Veggie Capsule

Serving Per Container: 30

	Amount	Per Serving	% DV
Calcium (as Calcium Carbonate)	17 mg		1%
Vitamin B6 (Pyridoxine HCL)	1.8 mg		106%
Magnesium (as Magnesium Citrate)	13 mg		3%
Melatonin	10 mg		**
Sleep Formula Proprietary Blend:	905 mg		**

L-Tryptophan, Goji (Wolfberry)(*Lycium barbarum*)(berry), Chamomile(*Matricaria chamomilla*)(flower), Lemon Balm(*Melissa officinalis*)(aerial), Passion Flower(*Passiflora incarnata*)(flower), L-Taurine, Hops(*Humulus lupulus*)(flower), St. John's Wort(*Hypericum perforatum*)(aerial), GABA (Gamma aminobutyric acid), Skullcap(*Scutellaria baicalensis*)(root), L-Theanine, Ashwagandha(*withania somnifera*)(root), Inositol, 5-HTP(*Griffonia simplicifolia*)(seed)

** % Daily Value not established

Other Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (Vegetable), Silicon Dioxide.

NO SOY, DAIRY OR EGG INGREDIENTS

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