

### SUGGESTED USE:

As a dietary supplement, take two (2) veggie capsule once a day. For best results take 20-30 min before a meal with 8oz glass of water or as directed by your healthcare provider.

### CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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# MAGNESIUM COMPLEX

4 TYPES OF MAGNESIUM:  
OXIDE | MALATE | CITRATE | GLYCINATE

Aquamín

Enhanced with Aquamin™  
for added essential  
vitamins & minerals

500 MG  
PER SERVING

60 CAPSULES

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size: 2 Capsules  
Serving Per Container: 30

	Amount Per Serving	% DV
Magnesium	500 mg	119%
<small>(Aquamín™, Magnesium Oxide, Magnesium Malate, Magnesium Citrate, Magnesium Glycinate)</small>		

\*\* % Daily Value not established

Other Ingredients: Hypromellose (Capsule), Rice Flour, Silicon Dioxide

NO SOY, DAIRY OR EGG INGREDIENTS

Distributed By: iXanda Inc.  
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V1R2