

Our Essential Fatty Acid (EFA) blend is a balance of Omega-3 and Omega-6 Fatty Acids. EFAs are vital for your well-being and support healthy cardiovascular and immune systems. EFAs are also beneficial for the skin and hair. Because your body can not manufacture EFAs, they must be obtained through your diet or supplements.

Directions: As a dietary supplement take 1 - 3 capsules daily



Effective Natural Products
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***These statements have not been evaluated by the FDA. This product is a dietary supplement and is not intended to diagnose, treat, cure, or prevent any disease.**

Essential Fatty Acids

With Flaxseed Oil

An Excellent source of Omega 3,6, & 9



Supplement your life.
Naturally.

Supplement Facts

Serving Size: 1 Soft Gel (1810 mg)
Servings per container: 90 Soft Gels

	Amount Per Serving	Calories
Total Calories		14
Total Fat	1315 mg	12
Saturated Fat	155 mg	1
Unsaturated Fat	1161 mg	10
Monosaturated Fat	345 mg	3
Polyunsaturated Fat	816 mg	7
Total Carbohydrates	144 mg	1
Protein	306 mg	1
Cholesterol	0.8 mg	0

	Amount Per Serving	% Daily Value
Vitamin E	5 IU	17%
Organic Flaxseed Oil	514 mg	*
Marine Lipid Concentrate	400 mg	*
Borage Oil	400 mg	*

* Daily Value not established.

Ingredients: Organic Flaxseed Oil, Borage Oil, Marine Lipid Concentrate, Gelatin, Glycerin, Purified Water, D-Alpha Tocopherol

MADE IN USA

90 Soft Gel Capsules