

SUGGESTED USE: Shake well before each use. Take one tablespoon per day or as directed by your healthcare professional.



STORAGE INSTRUCTIONS: Store at room temperature away from direct sunlight. Keep tightly closed. For longer shelf life, refrigerate after opening.

WARNING: Consult your healthcare professional before use if you are pregnant, nursing, taking medications, have a known medical condition, or for any use by minors. Do not use if safety seal is broken or missing. KEEP OUT OF REACH OF CHILDREN. For nutritional use only.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Developed and Distributed by:
Wholly Liquid Nutritional Supplements,
LLC • Hampton, NH 03842
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SOY FREE DAIRY FREE SUGAR FREE GLUTEN FREE

NO ARTIFICIAL COLORS OR
SUGARS • NO SYNTHETIC FILLERS
OR BINDERS

Contains shellfish derivates. Does not
contain milk, eggs, fish, tree nuts,
peanuts, wheat or soybeans.



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SUPPLEMENTS AS GOOD AS FOOD

WHOLLY
LIQUID™

LYFE
ESSENTIALS

Life's Daily Multivitamin*

15.2 FL OZ (450 mL)
DIETARY SUPPLEMENT

Supplement Facts

Serving size: 1 Tbsp. (15 mL)

Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin A (palmitate) 1,375mcg (2,500 IU)	153%
Vitamin C (acerola cherry, camu camu) 600mg	670%
Vitamin D (cholecalciferol) 25mcg (1,000 IU)	125%
Vitamin E (d-alpha tocopherol acetate) 100mg (100 IU)	667%
Vitamin K (phyloquinone) 50mcg	40%
Vitamin B1 (thiamine) 10mg	835%
Vitamin B2 (riboflavin) 10mg	770%
Vitamin B3 (niacinamide) 10mg	62%
Vitamin B5 (calcium pantothenate) 10mg	200%
Vitamin B6 (pyridoxine HCl) 5mg	294%
Folate (methyl folate) 400mcg DFE (equivalent to 240 mcg folic acid)	100%
Vitamin B12 (methylcobalamin) 25mcg	1,040%
Biotin 300mcg	1,000%
Choline bitartrate 20mg	**
Inositol 10mg	**
PABA (Para-aminobenzoic acid) 25mg	**
Betaine*** HCL 10mg	**
Calcium*** (citrate) 50mg	5%
Magnesium*** (citrate) 75mg	20%
Zinc (citrate) 5mg	45%
Selenium (sodium selenite) 25mcg	45%
Manganese (sulfate) 2mg	85%
Molybdenum (molybdenum) 75mcg	165%
Potassium*** (chloride) 25mg	<1%
Chromium (chloride) 200mcg	570%
Digestion & Blood Sugar Blend 190mg	**
Colloidal minerals, Ginger root, Senna leaf, Fennel seed, Garcinia, Cambogia, Gymnema, Slippery elm, Kola nut seed, Chlorella, Milk thistle, Hawthorne berry, Marshmallow root	**
Amino Acid Blend 100mg	**
Glutamic acid, Aspartic acid, L-Alanine, L-Arginine, L-Carnitine, L-Cysteine, L-Glycine, L-Histidine, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Valine, L-Phenylalanine, L-Proline, L-Serine, L-Threonine, L-Tyrosine, L-Taurine	**
Antioxidant & Microbial Blend 100mg	**
Glutathione, Burdock root, Pau d'Arco, Red wine extract, Quercetin, Lycopene, Holy basil, Chicory, Echinacea	**
Brain Phytonutrient Blend 125mg	**
Yerba mate leaf, Eleuthero root, Rhodiola root, Schisandra fruit, Guarana, Ashwagandha, Beta-carotene, Lutein, Ginkgo biloba, CoQ10, Alpha lipoic acid, Grapeseed, Oleic acid, Dimethylglycine (DMG)	**
Prebiotic Fiber Blend 100mg	**
FOS (Fructo-oligosaccharide), Dandelion, Psyllium husk, Apple pectin, Flaxseed	**
Joint and Muscle Blend 55mg	**
Turmeric, Resveratrol, Hyaluronic acid, Glucosamine, Chondroitin, MSM, Aloe vera, American Ginseng root, Suma root, Licorice root, Oregano	**

Daily Value not established. *Ionized Minerals

Other Ingredients: Purified water, vegetable glycerin,
citric acid, xanthan gum, monk fruit extract, natural
flavor, sorbic acid potassium salt, chlorophyll.