

**SUGGESTED USE:** 2 capsules daily preferably with meals or as directed by a healthcare professional.

Discontinue use if side effects appear.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition or taking any medication should consult a physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

#### SATISFACTION GUARANTEE

We offer a full refund on the purchase price of your order within 90 days of purchase. Restrictions apply. For details please visit:

[healthsharmony.com/refunds](http://healthsharmony.com/refunds)

Visit us online at:

**healthsharmony.com**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**HEALTHS**  
HARMONY

# BLACK SEED OIL

POTENT LIQUID CAPSULES



- Cold Pressed
- NON-GMO
- Vegan

**120**  
CAPSULES

DIETARY SUPPLEMENT

## SUPPLEMENT FACTS

Serving Size: **2 Vegan Capsules**  
Servings Per Container: **60**

Amount Per Serving	%DV
Calories	10
Total Fat	1g 1%
Black Cumin Seed Oil ( <i>Nigella sativa</i> )	1,000mg *

Percent Daily Value based on a 2,000 calorie diet.  
\*Daily Value (DV) not established.

Other Ingredients: Vegetable cellulose, d-alpha tocopheryl acetate and silicon dioxide.

#### Manufactured For

Healths Harmony, 239 2nd Ave. S,  
2nd Floor, St. Petersburg, FL 33701

**U.S.A.** Made in the USA with domestic and international ingredients



We're here to help! For any questions, concerns or refunds:  
**info@healthsharmony.com**

KEEP OUT OF THE REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

Best By Date & Batch Number printed on bottom of bottle.

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NON-GMO

Vegan

HEALTHS HARMONY

HEALTHS HARMONY - Made in the USA