

8g of fiber
per serving

From the Makers of
MiraLAX

Mira**FIBER** gummies

Dietary Supplement

SUPPORTS:
Digestive Health



**Metabolism of
carbs, fats & proteins**

with
**8
Vitamins**

**72
GUMMIES**



Strawberry, Apple, Grape, Cherry, Orange, and
Naturally & Artificially Flavored With Other Natural

Directions: Adults: **Fully chew** four gummies once daily. If gas, bloating, stomach upset, or any other gastrointestinal effects occur, reduce daily serving.

Supplement Facts

Serving Size: 4 gummies
Servings Per Container: 18

	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrate	11 g	4%*
Dietary Fiber	8 g	29%*
Soluble Fiber	8 g	**
Total Sugars	1 g	**
Includes 1g Added Sugars		2%*
Vitamin E (as dl-Alpha-Tocopheryl Acetate)	13.6 mg	91%
Niacin (as Niacinamide)	40 mg	250%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	4 mg	235%
Vitamin B ₁₂ (as Cyanocobalamin)	10 mcg	417%
Pantothenic Acid (as D-Calcium Pantothenate)	5 mg	100%
Chromium (as Chromium Picolinate)	120 mcg	343%
Sodium	5 mg	<1%
Inulin (as Inulin Syrup and Inulin Powder)	8 g	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Water, Gelatin, Lactic Acid; Less than 2% of: Carnauba Wax, Color (Apple, Black Currant, Carrot, Cherry, Chokeberry, Elderberry, and Pumpkin Juice Concentrates), Monk Fruit (Luo Han Guo) Extract, Natural Flavors, Vegetable Oil (Palm), White Beeswax.

For Adult Use Only Not for children
KEEP OUT OF REACH OF CHILDREN
If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

Do not exceed recommended intake
CHILD RESISTANT CAP

Do not use if printed safety seal bearing "SEALED for YOUR PROTECTION" under cap is torn or missing.

Store at room temperature.

Avoid excessive heat.

Questions? 1-800-647-2529

Pat.: patents.livewell.bayer.com

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