



Gluten Free

#639

VITA-WOMEN



Time Release Tablets for Women

Supports Energy Metabolism

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A..... 1125 mcg (RAE) 125%		Selenium (as sodium selenate)..... 200 mcg..... 364%	
(beta carotene & retinyl palmitate)		Copper (as cupric oxide) 2 mg..... 222%	
Vitamin C (as L-ascorbic acid)..... 200 mg 222%		Manganese(as manganese gluconate)..... 2 mg..... 87%	
Vitamin D..... 2000 IU (50 mcg) 250%		Chromium 200 mcg..... 571%	
(as cholecalciferol)		(as Chromax® chromium picolinate)	
Vitamin E 30 IU (20 mg) 134%		Molybdenum (as sodium molybdate) 75 mcg..... 167%	
(as d-alpha tocopherol)		Potassium (as potassium chloride) 30 mg..... <1%	
Vitamin K-2 (as Menoquinone-7 (MK-7)) .80 mcg 67%			
Thiamin (Vitamin B-1)..... 50 mg 1,167%		Vanadium (as sodium metavanadate) ... 10 mcg..... *	
(as thiamin HCl)		Boron (as bororganic glycine)..... 2 mg..... *	
Riboflavin (Vitamin B-2)..... 50 mg 3,846%		Alpha Lipoic Acid..... 10 mg..... *	
Niacin (as niacinamide) 50 mg 313%		Hesperidin Complex 5 mg..... *	
Vitamin B-6 (as pyridoxine HCl)..... 50 mg 2,941%		Vita-Women Proprietary Blend..... 80 mg..... *	
Folate..... 668 mcg 167%		Collagen (hydrolyzed gelatin), Inositol, Silica	
(400 mcg folic acid)		(as silicon dioxide)	
Vitamin B-12(as methylcobalamin) 100 mcg 4,167%		Vita-Women Fruit and Vegetable Blend... 60 mg..... *	
Biotin (as d-biotin)..... 1000 mcg 3,333%		Citrus Bioflavonoids Comp. (peel), Bilberry Ext. (fruit),	
Pantothenic Acid 50 mg 1,000%		Blueberry Juice Conc. 10:1, Grape Seed Ext., Alfalfa Leaf	
(as d-calcium pantothenate)		(organic), Apple Pectin, Artichoke Pwd. Ext., Celery Seed	
Choline Bitartrate 20 mg 4%		Ext., Carob Pwd., Garlic Pwd., Shiitake Mushroom,	
Calcium (as calcium carbonate) 500 mg 38%		Mexican Yam Ext. 10:1, Quercetin, Coenzyme Q-10,	
Iron 18 mg (18000mcg) 100%		Turmeric Root Ext., Lycopene.	
(as ferrous gluconate)			
Iodine (as potassium iodide)..... 150 mcg 100%			
Magnesium(as magnesium oxide)..... 100 mg 24%			
Zinc (as zinc oxide)..... 15 mg 136%			

* Daily Value not established.

DIRECTIONS: As a dietary supplement, take two (2) tablets daily, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.** Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs). Conforms to USP <2091> for weight.

Other ingredients: Vegetable cellulose, silica, vegetable magnesium stearate, vanillin.

No artificial color, No preservatives, No sugar, No wheat, No yeast, No fish. Non-GMO

CAUTION: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Not intended for use by persons under the age of 18.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Manufactured by: **Dee Cee Laboratories, Inc.**®
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Made in USA

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