

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:  
1-888-462-2548

- Purified to reduce contaminants such as heavy metals, dioxins and PCBs
- From wild ocean fish

GNC

TRIPLE STRENGTH  
**OMEGA  
COMPLEX**



1725 mg of Omega-3-6-9s  
from fish & plant sources  
Supports heart, brain, skin,  
eye & joint health\*



**OMEGA-3-6-9 SUPPLEMENT**  
**90 SOFTGELS**  
**30-DAY SUPPLY**



**LEMON**  
NATURAL FLAVOR WITH  
OTHER NATURAL FLAVORS

\* This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 764721

**DIRECTIONS:** As a dietary supplement, take three softgel capsules daily with food.

## Supplement Facts

Serving Size Three Softgel Capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	30	
Total Fat	3.5 g	4%†
Total Omega-3s	1395 mg	*
Eicosapentaenoic Acid (EPA) Omega-3	647 mg	*
Alpha Linolenic Acid (ALA) Omega-3	375 mg	*
Docosahexaenoic Acid (DHA) Omega-3	253 mg	*
Other Omega-3s	120 mg	*
Gamma Linolenic Acid (GLA) Omega-6	180 mg	*
Oleic Acid Omega-9	150 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

\* Daily Value not established.

**INGREDIENTS:** Fish Body Oil, Borage Seed Oil, Flax Seed Oil, Gelatin (Bovine), Glycerin, Olive Fruit Oil, Purified Water and Less than 2%: Caramel Color, Mixed Tocopherols (Preservative), Natural Flavors.

**CONTAINS:** Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof), Sesame and Sulfites.

**Distributed by:** GNC Holdings, LLC, Pittsburgh, PA 15222 USA

No Artificial Flavors, Gluten Free, No Milk.

