

Formulated by
Julian Whitaker, MD

Pioneer and trusted authority of integrative medicine whose 40+ years treating patients and researching health innovations led to the development of **Vision Essentials Gold**—a comprehensive formula that delivers the nutrients needed for macular and overall vision health.*

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medication.

Keep out of reach of children.

Setria® is a registered trademark of KYOWA HAKKO BIO Co., Ltd.

Lutemax® 2020 is a registered trademark of OmniActive Health Technologies, Ltd.

Due to the nature of these ingredients, color variation may occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Vision Essentials

GOLD®



Dietary Supplement | 120 CAPSULES

Doctor's Suggested Use: Take 4 capsules once daily with a meal.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving		%DV
Vitamin A (as beta-carotene)	1,500 mcg RAE	167%
Vitamin C (as ascorbic acid)	100 mg	111%
Zinc (as zinc oxide)	25 mg	227%
Copper (as copper chelate)	2 mg	222%
Taurine	600 mg	*
Berry Vision Complex	300 mg	*
Black Currant Extract (fruit), Maqui Berry Powder (Aristotelia chilensis, fruit), Goji Berry Extract (Lycium barbarum, fruit), Bilberry Extract (fruit)		
Carrot Powder (root)	260 mg	*
L-Cysteine Hydrochloride	260 mg	*
Schisandra Extract (berry)	160 mg	*
Lutein (from marigold flower)(Lutemax® 2020)	40 mg	*
L-Glutathione (from fermentation)(Setria®)	20 mg	*
Zeaxanthin Isomers (from marigold flower; containing a minimum of 2 mg of meso-zeaxanthin)(Lutemax® 2020)	8 mg	*
Lycopene (from tomato fruit)	3 mg	*

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, vegetable magnesium stearate, silica

Distributed by Healthy Directions, Bethesda, MD 20817

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Please see bottom of bottle for Lot No. and Expiration Date