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Om Namō Narayani



UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Keep out of reach of children.



Vata



Pitta



Kapha

Veda
Lean™



Ayurvedic support for
weight management†

56 vegan capsules

Dietary supplement

Suggested Use: Take 1 vegan capsule twice daily with a meal.

Supplement Facts

Serving Size: 1 Vegan Capsule

Servings Per Container: 56

Amount per Serving		% DV
Chromium (as chromium picolinate) (Chromax®)	100 mcg	286%
Traditional Ayurvedic Blend	300 mg	*
Guggul Extract (oleo-gum resin), Organic Triphala Powder [Amla (fruit), Belleric Myrobalan (fruit), Chebulic Myrobalan (fruit)], Fenugreek Extract (seed), Cinnamon Extract (bark)		
Greenselect® Phytosome®	150 mg	*
Phosphatidylcholine (from sunflower) Green Tea Extract (leaf, decaffeinated)		
L-Glutathione (from fermentation)(Setria®)	50 mg	*
B. subtilis (DE111®)	500 Mil. CFU	*

*Daily Value (DV) not established.

Other ingredients: Rice hulls, hypromellose, sunflower lecithin, maltodextrin, silica

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications.



Gluten Free



Soy Free



Dairy Free

Lot No. / Expiration Date SKU: VWL 02 C11000, 2023 R-1