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Om Namō Narayani

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

GutGard® is a registered trademark of NATURAL REMEDIES PRIVATE LTD., exclusively distributed by AIDP in North America.

DigeZyme® and LactoSpore® are registered trademarks of Sabinsa Corporation.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Vata



Pitta



Kapha



Veda
Balance™

Gut

Balancing support for digestion,
mood & emotional health†

28 vegan capsules

| Dietary supplement



Suggested Use: Take 1 vegan capsule daily with a meal.

Supplement Facts

Serving Size: 1 Vegan Capsule

Servings Per Container: 28

Amount per Serving	% DV
Ayurvedic Gut Blend	310 mg *
Organic Amla Powder (fruit), Organic Ginger Powder (rhizome), Organic Turmeric Powder (rhizome), Fennel Extract (seed), Cumin Extract (seed), Organic Black Pepper Extract (fruit)	
Deglycyrrhized Licorice Extract (root)(GutGard®)	150 mg *
DigeZyme® Digestive Enzyme Blend (protease, amylase, cellulase, lactase, lipase)	75 mg *
<i>B. coagulans</i> MTCC 5856 (LactoSpore®)	2 Bil. CFU *

*Daily Value (DV) not established.

Other ingredients: Hypromellose, rice hulls, maltodextrin, silica

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.



Lot No. / Expiration Date SKU: VBG 02 C11000, 2023 R-1