

Wisdom Transforms Life

Om Namō Narayani

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Due to the nature of these ingredients, color variation may occur.

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Vata



Pitta



Kapha



Triphala

A rejuvenating formula traditionally used for digestive balance^{*}



56 vegan capsules

Dietary supplement

Suggested Use: Take 2 vegan capsules 30 minutes before bed.

Supplement Facts

Serving Size: 2 Vegan Capsules

Servings Per Bottle: 28

Amount per Serving	% DV
Triphala Blend	1 g [*]
Organic Triphala Powder [Amla (fruit), Belleric Myrobalan (fruit), Chebulic Myrobalan (fruit)], Organic Triphala Extract [†] [Amla (fruit), Belleric Myrobalan (fruit), Chebulic Myrobalan (fruit)]	

^{*}Daily Value (DV) not established.

Other ingredients: Hypromellose, cellulose, silica, vegetable stearic acid

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

[†]The triphala dry extract has a minimum concentration of 10:1 for a total daily equivalence of 4.6 grams whole fruit powder.

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.



Gluten Free



Soy Free



Dairy Free

SKU: TPH 02 C11000, 2023 R-1

Please see bottom of bottle for Lot No. and Expiration Date

Almost out? Call **1-800-843-8516**
or visit healthydirections.com