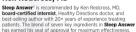
Ken Redcross, MD





V

cGMP

Precautions: Only for adults over 18 years. Do not use with alcohol. when driving, or while operating heavy machinery. Consult a health care practitioner before use if you are taking any medications, have a medical condition, or are pregnant or nursing. Discontinue use



two weeks prior to surgery. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Sleep Answer®

FALL ASLEEP FASTER, ENJOY DEEP SLEEP & WAKE UP FEELING RESTED



Dietary Supplement | 60 VEGAN CAPSULES

Doctor's Suggested Use: Take 1 capsule 30 to 60 minutes before bedtime with water.

Supplement Facts

Servings Per Container: 60		
Amount Per Serving		% E
Niacin (from L-Tryptophan)	3.3 mg	21%
L-Tryptophan	200 mg	

Amount Per Serving			% DV	
Niacin (from L-Tryptophan)	3.3	mg	21%	
L-Tryptophan	200	mg		
Gamma-Aminobutyric Acid (GABA)	100	mg		
Glycine	50	mg		
Passionflower Extract (aerial parts)(2% vitexin)	20	mg	*	
Hops Extract (flower)	20	mg		
Chamomile (flower)	20	mg		
Melatonin	4	mg		

Daily Value (DV) not established

Other ingredients: Hypromellose, vegetable magnesium stearate. dicalcium phosphate, maltodextrin

Distributed by Healthy Directions, Bethesda, MD 20817

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place,