

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin B12 (as Methylcobalamin)	5000 mcg	208333%

Other ingredients: Olive Oil, Water, Tapioca Starch, Glycerin, Candelilla Wax, Sunflower Lecithin, Natural Red Dye (from Beets and Natural Carotenoids).

Manufactured for 1MD Nutrition™ Irvine, CA 92618
Manufactured in the USA from globally-sourced ingredients.

Questions? Call: (888) 393-4030 | Email: support@1md.org | Visit: www.1md.org

GMP GOOD MANUFACTURING PRACTICE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Vegan B12

COMPREHENSIVE CARDIOVASCULAR SUPPORT*

- ✓ Promotes Heart Health*
- ✓ Aids Cognitive Function*
- ✓ Supports Immune Health*



30 Softgels | Dietary Supplement

Suggested Use: As a dietary supplement, adults take one (1) softgel, once (1x) daily, or as recommended by a healthcare practitioner.

WARNING: Consult a healthcare practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE
IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE. COLOR MAY VARY.**

NON-GMO

SHELLFISH-FREE

WHEAT-FREE

PEANUT-FREE

DAIRY-FREE

1MD1044



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1MD Nutrition Vegan...asy-Swallow softgels
New

1MD-1044-181