



CardioFitMD™

**Cardiologist-Formulated Daily Superfoods
for Cardiovascular & Whole Body Health***

Broad-Spectrum Fiber | Beetroot | Probiotics | Prebiotics | 20 Vitamins & Minerals

Doctor-Formulated

- ⊗ Promotes Proper Heart Function*
- ⊗ Helps Maintain a Healthy Weight*
- ⊗ Supports Healthy Circulation*
- ⊗ Supports Healthy Blood Pressure Levels*
- ⊗ Promotes Proper Digestive Function*
- ⊗ Supports Healthy Energy Levels & Stamina*

Berry Lemonade



30 Servings | Net Wt. 17.1 oz (1.1 lb/485 g) | Dietary Supplement

CardioFitMD™

Essential Superfoods for Every Body, Every Day*

CardioFitMD™ is the ultimate all-in-one, doctor-formulated drink, packed with superfoods for essential daily nutritional support.* Containing a potent daily dose of beetroot, a broad-spectrum fiber and prebiotics blend, *Bacillus coagulans* probiotic, and 20 key letter vitamins and minerals, CardioFitMD™ is a great-tasting, nutrient-rich drink, with only 2 grams of naturally-occurring sugar from beets, to maintain a healthy, active lifestyle.* Just one scoop of this nourishing vegan daily beverage helps promote cardiovascular, circulatory, immune, and digestive health and supports healthy weight management, stamina, and energy.*

KETO-FRIENDLY	DAIRY-FREE
GLUTEN-FREE	PEANUT-FREE
NON-GMO	SHELLFISH-FREE
VEGAN	NO ARTIFICIAL COLORS
CONTAINS ONLY 2g SUGAR (FROM BEETS)	

GMP GOOD MANUFACTURING PRACTICE

Suggested Use: As a dietary supplement, adults take one (1) scoop, once (1x) daily, with 12 fl oz of water, or as recommended by a healthcare practitioner.

CardioFitMD™ is a High-in-Fiber supplement. Some may experience immediate effectiveness in promoting proper bowel function.* As an alternative, start with a 1/2 scoop daily dose and slowly transition to a full scoop daily dose.

WARNING: Consult a healthcare practitioner if you are pregnant or nursing, have a serious medical condition (including gallstones), or use any medications.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE. COLOR MAY VARY.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Questions? Call (800) 393-4030 | Email: support@1md.org | Visit: www.1md.org

Supplement Facts

Serving Size 1 Scoop (16 g)
Servings Per Container 30

Amount Per Serving	% DV*
Calories	30
Total Carbohydrate	11 g 4%*
Dietary Fiber	8 g 29%
Total Sugars	2 g †
Vitamin A (as Beta Carotene)	1000 mcg 120%
Vitamin C (as Ascorbic Acid)	100 mg 120%
Vitamin D (as Vegan Cholecalciferol)	25 mcg 125%
Vitamin E (as Alpha Tocopheryl Succinate)	18 mg 120%
Vitamin K (as Phytonadione)	120 mcg 100%
Thiamin (as Thiamin Mononitrate)	1.2 mg 100%
Riboflavin	1.3 mg 100%
Niacin (as Nicotinic Acid)	20 mg 125%
Vitamin B6 (as Pyridoxine HCl)	2.04 mg 120%
Folate	400 mcg DFE 100%
Vitamin B12 (as Cyanocobalamin)	2.4 mcg 100%
Biotin	30 mcg 100%
Pantothenic Acid (as D-Calcium Pantothenate)	2.5 mg 50%
Zinc (as Zinc Citrate)	2 mg 18%
Selenium (as Selenium Amino Acid Chelate)	55 mcg 100%
Copper (as Copper Gluconate)	0.3 mg 34%
Manganese (as Manganese Amino Acid Chelate)	2.3 mg 100%
Chromium (as Chromium Picolinate)	28 mcg 60%
Sodium (as Himalayan Sea Salt)	35 mg 2%
Potassium (as Potassium Citrate)	500 mg 11%
1MD Nutrition™ Fiber and Prebiotic Blend	8 g †
Oat Fiber, Tahi Gum (Acacia seyal), Apple Fiber, Guar Gum, Rice Bran Fiber	
Beet Root Powder	2000 mg †
Beet Juice Powder	2000 mg †
Rhodiola Root Powder	300 mg †
Bacillus Coagulans (2 B CFU)	10 mg †

* Percent Daily Values (DV) are based on a 2000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Natural Vanilla and Lemonade Flavors with Other Natural Flavors, Malic Acid, Stevia Leaf Extract, Fumaric Acid, Ginger Root Powder, Tartaric Acid.

Manufactured for 1MD Nutrition™ Irvine, CA 92618
Manufactured in the USA from globally-sourced ingredients

1MD1107



1MD Nutrition Cardio...1 Drink - 30 Servings
New