



RAW FOREST FOODS

LAN GUI REN OOLONG TEA

CEREMONIAL GRADE

FIRST FLUSH
HAND-ROLLED
LEGACY PLANTATION

OOLONG TEA,
AMERICAN GINSENG, &
LICORICE ROOT

READY TO USE

DIETARY SUPPLEMENT
NET WT.: 2.47 OZ (70 GRAMS)

CEREMONIAL GRADE OOLONG TEA

Founded in 2010, RAW Forest Foods is your home for tonic and adaptogenic herbs and supplements. We proudly—artfully and professionally—craft products meeting our own discerningly high standards, which we share with you. Using hand-selected, premier ingredients, and formulated by our master herbalists, we invite you to Discover the Infinite Power Within.

Suggested Usage: As a dietary supplement, adults use 4 grams (roughly 1 teaspoon) per serving, preferably on an empty stomach, taken 1-2 times per day. As with all dietary supplements, please consult a qualified healthcare practitioner prior to use.

Supplement Facts

Serving Size: 4 grams / 4000 Mg
Servings Per Container: 17.5

	Amount per serving	%DV
Oolong tea leaves (<i>Camellia sinensis</i>) (First flush) (Hand-picked) (Whole-leaf)	3760 Mg	1%
American Ginseng (<i>Panax quinquefolius</i>) Leaf and Root Powder (Select-harvested)	80 Mg	1%
Licorice (<i>Glycyrrhiza glabra</i>) Root Powder (Select-harvested)	160 Mg	1%

% Daily Value (DV) based on a 2000 calorie diet
1% Daily Value (DV) not established

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Brewing instructions: Using 4 grams (roughly 1 teaspoon) of tea, steep with 8 - 12 ounces of hot water (190° F) for 5 - 8 minutes. This tea can be steeped between 4 and 6 times. No fillers, drying agents, and never irradiated. This product is GMO free. Enjoy.

WARNING: Not for use by those under the age of 18, who are pregnant or nursing, or who are allergic or adverse to any of the ingredients contained within.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL DRY PLACE.



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MANUFACTURED FOR:
RAW FOREST FOODS
PO BOX 102, BURLINGTON, VT 05402
(802) 349-1347

INFO@RAWFORESTFOODS.COM
WWW.RAWFORESTFOODS.COM



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.