

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this—or any—dietary supplement.

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RAW
FOREST
FOODS

DISCOVER THE INFINITE POWER WITHIN

Rooted in tradition and steeped in science, we craft high-integrity, hand-selected ingredients and masterful formulations into the finest Adaptogenics and Tonics available. Welcome to the Trail Family.

SUGGESTED USE: As a dietary supplement, adults take 3 mL (approx. 3 dropperfuls) 1-2 times daily, preferably on an empty stomach. Please consult a qualified healthcare practitioner prior to use.

RESIST LATENCY: Shake well before use.



ADAPTOGENIC



MOUNTAIN
HARVEST
PINE POLLEN™



DUAL-STAGE
EXTRACTION



MADE IN
USA

BALANCE

RENEW

RAW FOREST FOODS FOREST PRANA ELIXIR PINE POLLEN & NETTLE ROOT

Elevated



Adaptogenic &
Synergistic *

Dual-Stage
Extraction

Full Spectrum
1:2 Tincture

Forest Prana Elixir offers a synergistic and elevated formula of Mountain Harvest Pine Pollen™ and Stinging Nettle Root—potentiated with Chen Pi and Zhi Zi. Each serving contains 1.5 grams of whole, tinctured herbs. Formulated by Master Herbalists.

DIETARY SUPPLEMENT

CONT.

2 Fluid Ounces

BATCH

922

Supplement Facts

Serving Size: 3 mL (approx. 3 dropperfuls)
Servings Per Container: 19.5

Amount Per Serving

%DV

Forest Prana Elixir Proprietary Blend (1:2 3 mL †
Extraction; 1.5 Gram Whole Herb Equiv.)

RAW Pine Pollen™ (*Pinus massoniana*; Single
Origin, Wild-Harvested), Stinging Nettle Root (*Urtica
dioica*), Cape Jasmine Fruit (*Gardenia jasminoides*;
Zhi Zi), Green Citrus Peel (*Citri reticulatae*; Chen Pi)

† Daily Value (DV) not established

OTHER INGREDIENTS: Water, Alcohol (40%; Gluten-Free).
MANUFACTURED FOR: RAW FOREST FOODS LLC
(802) 349-1347 • FORAGE@RAWFORESTFOODS.COM
11 ELMWOOD AVENUE, SUITE 102, BURLINGTON, VT 05402

This product is gluten free, vegan, and manufactured in the
US with global ingredients in a certified cGMP reg. facility.
KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF
SAFETY SEAL IS DAMAGED OR MISSING. STORE AT
ROOM TEMPERATURE.

*These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat,
cure or prevent any disease.