good for:
Helping to restore balance, defend cells against free radicals and support a healthy immune system.*

made with:
Organic ashwagandha & organic black pepper.

NON GMO | GLUTEN FREE | DAIRY FREE

A WEALTH OF WELLNESS™
www.vivanaturals.com
We make wellness possible.™

STORAGE INFORMATION: Store in a cool, dry place away from heat and light.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this or any other product if you are pregnant, nursing, trying to conceive, or have a medical condition including gallstones, a bile duct obstruction, stomach ulcers or excess stomach acid, or taking medication as black pepper may impact their effectiveness. Some people may experience drowsiness; exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness. **Keep out of reach of children.** Do not use if safety seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

vivanaturals

ORGANIC ASHWAGANDHA

with BLACK PEPPER EXTRACT

AYURVEDIC ADAPTOGEN* +
CELLULAR DEFENSE* +
IMMUNE SYSTEM SUPPORT*

2250 mg

HIGH ABSORPTION

90 TABLETS | 3 TABLETS/SERVING | DIETARY SUPPLEMENT

SUGGESTED USE: Take 3 tablets daily preferably with a meal or as recommended by your healthcare practitioner.

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 30

	Amount per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%**
Dietary Fiber	1 g	4%**
Organic Ashwagandha Root Powder (*Withania somnifera*)	2250 mg	†
Organic Black Pepper Fruit Extract (*Piper nigrum*) Standardized to 90% Piperine 13.5 mg	15 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: ORGANIC MALTODEXTRIN WITH ORGANIC GUM ACACIA, ORGANIC RICE HULL CONCENTRATE, ORGANIC RICE EXTRACT BLEND (ORGANIC RICE BRAN EXTRACT, ORGANIC RICE HULLS, ORGANIC GUM ARABIC, ORGANIC SUNFLOWER OIL), COATING (ORGANIC MALTODEXTRIN, ORGANIC SUNFLOWER LECITHIN, ORGANIC PALM OLEIN, ORGANIC GUAR GUM).

MANUFACTURED IN THE USA WITH DOMESTIC AND IMPORTED INGREDIENTS FOR:
VIVA NATURALS INC.
228 Park Ave South, Suite 2400
New York, NY 10003
1-800-921-8482

Certified Organic by QAI

vivanaturals PROMISE

We're really proud of the products we make. But, if you're unhappy with your Viva Naturals purchase for any reason, just let us know within 90 days. We'll be happy to refund your money, no questions asked and no hard feelings.

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Organic Ashwagandha 22% Ashwagandha Root Powder