

ESSENTIAL FATTY ACIDS THAT HELP TO LOWER CHOLESTEROL AND TRIGLICERIDES.\*

**Directions:** Adults take 3 softgels a day with or before meals as a dietary supplement.

(Omega 3-6-9) The Super Essential Fatty Acids have not only the ability to help and lower cholesterol and triglycerides, but also to minimize the clotting tendency of blood cells. At the same time these are the basic building blocks for nerve tissue and brain cells.\*

(Omega 3-6-9) Los Super Esenciales Acidos Grasos tienen no solo la habilidad de ayudar a bajar los niveles de colesterol y trigliceridos, sino ademas minimizar la tendencia coagulante de nuestra sangre. Al mismo tiempo son los bloques basicos constructores de nuestros tejidos y celulas cerebrales.\*

Free of yeast, milk or milk derivatives, lactose, sugar, preservatives and artificial flavors.

**This product contains fish ingredients.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL DRY PLACE. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.

Dietary Supplement



**HEALTHY CHOLESTEROL**

# OMEGA 3 6 9

OBTAINED FROM:  
**FISH, BORAGE, AND FLAXSEED OILS.**

OBTENIDO DE:  
**ACEITES DE PESCADO, BORRAJA Y LINAZA.**

**60 SOFTGELS**

LOT03203  
EXPO322

## SUPPLEMENT FACTS

Serving size: 2 Softgels  
Servings Per Container: 30

Amount per Serving	% Daily Value
Vitamin E (as d-Alpha Tocopherol) 15 IU	50%
<b>Fish Oil 670 mg</b>	**
Typical Fatty Acid Profile:	
Omega-3 - Eicosapentaenoic Acid (EPA) 30-33%	**
Omega-3 - Docosahexaenoic Acid (DHA) 20-22%	**
<b>Borage Seed Oil 670 mg</b>	**
Typical Fatty Acid Profile:	
Omega-6 - Linoleic Acid 33-46%	**
Omega-6 - Gamma Linolenic Acid (GLA) 22%	**
Omega-6 - Oleic Acid 10-24.5%	**
<b>Organic Flaxseed Oil 670 mg</b>	**
Typical Fatty Acid Profile:	
Omega-3 - Alpha Linolenic Acid (ALA) 45-65%	**
Omega-6 - Linoleic Acid 11-24%	**
Omega-9 - Oleic Acid 11-24%	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other Ingredients: Gelatin, Glycerine, Soybean Oil, Purified Water.



ACIDOS GRASOS ESENCIALES QUE AYUDAN A REDUCIR EL COLESTEROL Y LOS TRIGLICERIDOS.\*

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Miami, FL 33166 305-593-5417  
www.SUNSHINE NATURALS.com

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