

Directions: 1 capsule taken twice daily with food, 1 at breakfast, 1 at lunch, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a

doctor before use. Not suitable for use during planned pregnancy, pregnancy or breastfeeding. Consult a healthcare practitioner if on thyroid medication. Store in a cool, dry place. For best before and batch, see base. Vegetarian & vegan lodine and selenium contribute to normal thyroid function. Vitamins B2 and B3 contribute to a reduction in tiredness

and fatigue.

## BioCare<sup>®</sup>



## Thyroid Complex

Iodine, selenium & B vitamins for thyroid & energy support with tyrosine & zinc

60 vegetable capsules

Food supplement

Vitamin A 2500iu 750µg ≈ 94 125 909 714 63 100 182 133 Vitamin C 100mg

Product information per daily intake: 2 capsules

Vitamin B1 10mg Vitamin B2 10mg Niacin (B3) 10mg ne Selenium 100ug 200ug lodine 300mg yrosine N-Acetyl Cysteine 50ma

"NRV = Nutrient Reference Value 'RE = Retinol Equivalent

'NE = Niacin Equivalent

Ingredients: L-Tyrosine, Capsule Shell (Hydroxypropyl Methylcellulose), Vitamin C (Magnesium Ascorbate), N-Acetyl L-Cysteine, Zinc Citrate, L-Selenomethionine, Vitamin B1 (Thiamine Hydrochloride), Vitamin B2

(Riboflavin-5-Phosphate), Niacin (Nicotinamide), Vitamin A (Retinyl Acetate), Rice Hull, Potassium

lodide.