



UK - BioCare Ltd  
1 Hedera Road, Redditch  
B98 9EY, UK  
T: +44 (0)121 433 3727  
www.biocare.co.uk

EU - BioCare Ltd  
Singel 250, 1016 AB  
Amsterdam, NL

**Directions:** 1 capsule taken daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Store in a cool, dry place. For best before and batch, see base.

**Vegetarian & vegan**

**Selenium contributes to the normal function of the immune system & protects cells from oxidative stress.**

# BioCare®



## Selenium

Selenomethionine for immune & antioxidant support

60 vegetable capsules  
Food supplement

**Product information per daily intake: 1 capsule**

		%EC NRV*
Selenium	100µg	182

\*NRV = Nutrient Reference Value

### Ingredients:

Bulking Agent (Cellulose), Capsule Shell (Hydroxypropyl Methylcellulose), L-Selenomethionine, Anti-Caking Agents (Silicon Dioxide & Magnesium Stearate).