NEW POWERFUL FORMULA

At its core, MONSTER PUMP" NOS generates what you want - intense mental focus and energy, enhanced Nitric Oxide levels, and explosive muscle power. What you see on the label is what you get - a comprehensive range of powerful ingredients at active dosages. No mystery proprietary blends, just fully disclosed functional ingredient technology.

THE AGE OF 18 OR ELDERLY, DO NOT TAKE WITH ANY OTHER STIMULANT OR WEIGHT-LOSS SUPPLEMENT OR ANY PRESCRIPTION OR OVER THE COUNTER MEDICINE. DO NOT EXCEED 3 SERVINGS IN A 24 HOUR PERIOD. Do not use if you are preshant or nursing or at risk of being treated for high-blood pressure heart disease, hyperthyroidism, spasms, psychiatric disease, suffer from migraines, have asthma, or are taking asthma medication. Discontinue use if you experience dizziness, headache, nausea or heart palpitations. If you have trouble sleeping, do not take within 6 hours of bedfime. KEEP OUT OF REACH OF CHILDREN. This product should only be used by healthy adults age 18 and older. This product contains the amino acid Beta-Marine, which may cause

WARNING: DO NOT USE IF YOU ARE UNDER

NEW POWERFUL FORMULA

\*Our products are manufactured in compliance with NSF International's GMP for Sport" Registration, including 306-Certification Guideline Annex A List

a tingling skin sensation in some individuals. This effect

should diminish after a few hours.

banned substances exist in our facility. \*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.



A POWERFUL NITRIC OXIDE SYNTHASE (NOS) ENHANCING PEPTIDE FRACTION THAT HELPS TRIGGER MUSCLE PUMPS FOR A SURGE OF NUTRIENT DELIVERY\*\*

NEW POWERFUL FORMULA

+L-CITRULLIN

FOR ENHANCED NITRIC OXIDE SYNTHESIS, CELL VOLUMIZATION AND NUTRIENT DELIVERY TO

PURE CREATINE MONO-*Creapure*® HYDRATE FOR EXPLOSIVE

MUSCLE POWER OUTPUT\* LEUCINE PEPTIDES FOR ENHANCED PepForm<sup>\*</sup> LEUCINE BIOAVAILABILITY TO TRIGGER mTOR PATHWAY MUSCLE



PROTEIN SYNTHESIS\* FOR ENHANCED STRENGTH.



CarnoSyr

ANAEROBIC AND AEROBIC CAPACITY, AND DELAYED MUSCLE FATIGUE\*\*

FOR CELLULAR ENERGY PRODUCTION AND DELAYED MUSCLE FATIGUE\*\*

DIETARY SUPPLEMENT

TASTE SATISFACTION GUARANTEED

SOURAPPLE

NEW POWERFUL FORMULA

NET WT 21.2 OZ (1.32 LBS/600g)

PRE-TRAINING NITRIC OXIDE ENERGY CATALYST

NEW POWERFUL FORMULA

BUILDING ATHLETES FROM THE INSIDE OUT!"

NEW POWERFUL FORMULA

CONTAINS FOOD GRADE DESICCANT PACKET

NEW POWERFUL FORMULA

Amount Per Serving % DV\*

Serving Size 1 heaping scoop (20g) Servings Per Container approx 30

NEW POWERFUL FORMULA

Amount Per Sewing		76 D1
Calories	20	
Total Carbohydrate	5g	29
Dietary Fiber	2g	89
Sugars	0g	
Protein	1g	
Vitamin C (as ascorbic acid)	250mg	4109
Vitamin B6 (as pyridoxal-5-phosphate)	6mg	250°
Vitamin B12 (as cyanocobalamin)	60 mcg	10009
Sodium	70 mg	39
Potassium	80 mg	29
Monster Pump NOS Matrix	10.5g	
L-Citrulline	1,500mg	
L-Arginine	2,000mg	
Actinos®2 (Whey Peptide Fraction)	85mg	,
Creatine Monohydrate (Creapure®)	1,500mg	,
Leucine Peptides (PepForm™)	1,500mg	,
CarnoSyn <sup>®</sup> Beta-Alanine	1,000mg	
Betaine Anhydrous	1,000mg	
Alpha Lipoic Acid	50 mg	,
L-Carnitine	500mg	1
Taurine	1,000mg	1
Caffeine	150mg	
Glucuronolactone	300mg	,

Percent Daily Values are based on a 2.000 calorie diet.

\*\*Percent Daily Value not established.

OTHER INGREDIENTS SOLUBLE CORN FIBER, CITRIC ACID, MALTODEXTRIN, SILICA DIOXIDE (TO PREVENT CAKING), NATURAL AND ARTIFICIAL FLAVOR, POTAS SIUM CITRATE, TRICIALCIUM PHOSPHATE (TO PREVENT CAKING), MALIC ACID, ACESULFAME POTASSIUM, SUCRALOSE, SODIUM CITRATE, CARMINE (ADDED FOR COLOR), SOY LECITHIN.

NEW POWERFUL FORMULA

ALLERGEN STATEMENT THIS PRODUCT CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY.

## DIRECTIONS and USE





MONSTER PUMP NOS contains caffeine. Individuals highly sensitive to caffeine or other stimulants should no use this product. Read product warning prior to use. For best results consume approximately 10-30 minutes before training. First time users should start by mixing 1 heaping scoop (20g) with 8 fl-oz of water. Experienced, tolerant

users may choose to mix 2 heaping scoops (40g) with 16 fl-oz of water. Experienced, highly tolerant users may mix up to 3 heaping scoops (60g)

with 16-24 fl-oz of water. Do not exceed 3 servings/scoops in a 24 hour period Cytosport "products complement a smart eating and hydration plan, that when combined with a balanced exercise program, may contribute to weight management and recovery

from exercise. Do not use this product as your sole source of nutrition.

Actinos" is a registeral tradamark of Glambia PLC and PepForm" is a trademark of Glambia PLC Greature® is a licensed registered trademark of AlzChem Trastbera GmbH.

Liamsed under one or more of U.S. Pat Nos. 5,965,596, 6,426,361 and 7,504,376, each of which is awned by Natural Alternatives international, Inc. (NAI), NAI is also the owner of the rapistered trademark. ComoSym\*



CytoSport Quality Products

or to report adverse effects

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www.cvtosport.com

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