

Supplement Facts

Serving Size: 1 Scoop Approximately (11.4g)

Servings Per Container: About 30

Amount Per Serving	*	* % DV	
Calories	30		
Total Carbohydrates	6g	2%	
Total Sugars	5g	**	
Includes 5g Added Sugars		10%	
Magnesium (as Magnesium Glycinate)	200mg	48%	
Glycine	2,000mg	**	
Lemon Balm	400mg	**	
(Melissa officinalis) Whole Leaf Extra	act		
L-Theanine	300mg	**	
Organic Ashwagandha	300mg	**	
(Withania somnifera) Root Extract (KS	M-66®)		
Evodia Fruit Powder Extract	100mg	**	

^{*}Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Sugar Cane Granular, Malic Acid, Natural Flavors, Cinnamomum Burmannii Bark Powder, Citric Acid, Tartaric Acid, Calcium Silicate, Stevia Rebaudioside A (Leaf) Extract