


## DAILY B is all about

helping you maintain healthy levels of all of the b-vitamins. From proper metabolic health to nervous system health it is crucial to ensure you have adequate b-vitamin levels and Daily B does just that.\*

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in the USA from the finest domestic and foreign ingredients. MecobalActive™ is a trademark of Berg Nutrition.

You deserve to thrive.™

 Thermo Approved

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ENERGY



METABOLISM



WELL-BEING

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## umzu.

### vitamin b complex

# DAILY B



30 DAY SUPPLY



30 CAPSULES

## DIETARY SUPPLEMENT

NOT FOR USE BY PERSONS UNDER 18 YEARS OLD. CONSULT A HEALTHCARE PROFESSIONAL PRIOR TO USE IF YOU ARE TAKING ANY MEDICATIONS OR HAVE ANY MEDICAL CONDITIONS. DO NOT USE IF PREGNANT OR NURSING. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

**1 CAPSULE | 1 TIME PER DAY IN THE MORNING.**



1 CAPSULE



1x DAILY



IN THE A.M.

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

Amount Per Serving	* % DV
Thiamin (as Thiamine Hydrochloride)	1.2 mg 100%
Riboflavin (as Riboflavin 5-Phosphate)	1.3 mg 100%
Niacin (as Niacinamide)	16 mg 100%
Vitamin B6 (as Pyridoxal 5-Phosphate)	1.7 mg 100%
Folate (as Folic Acid Dicalcium Phosphate)	680 mcg DFE 170% (408 mcg Folic Acid)
Vitamin B12 (as Methylcobalamin) (MecobalActive™)	2.4 mcg 100%
Biotin (as Biotin Dicalcium Phosphate)	30 mcg 100%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%

\*Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: L-Leucine, Bovine Gelatin, Purified Water (Capsules)

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