



PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Mushroom & herb extracts are delivered in a convenient, easy-to-swallow capsule.

Discover our Guiding Truths at:



* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
SOY-FREE

Certified



BEST BY:

gaia
HERBS

FORMERLY
REISHI+TURMERIC



FOUNDATIONAL SUPPORT*

Whole Body Support MUSHROOMS & HERBS

Traditionally for staying
active for the long-term*

With Reishi & Turmeric

60 VEGAN CAPSULES
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Mushroom Blend 350 mg†

Organic Reishi fruiting body extract, Organic Shiitake (*Lentinus edodes*) fruiting body extract

Herbal Blend 80 mg†

Organic Turmeric (*Curcuma longa*) root extract,
Organic Ginger (*Zingiber officinale*) root

† Daily Value not established.

Other ingredients: Vegan capsule (hypromellose).

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Dr., Brevard, NC 28712

SUGGESTED USE

Adults take 1 capsule 2 times daily. Best results obtained with long-term use.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.

⚠ WARNING: Consuming this product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.