

SUGGESTED USE

Adults take 2 capsules in the morning and 1 capsule in the evening between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.



gaia
HERBS
EST 1987

NEW LOOK, SAME FORMULA



STRESS SUPPORT*

THYROID SUPPORT

Supports healthy metabolic balance*

120 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%*
Iodine (from Kelp fronds and Brown Seaweed fronds)	100 mcg	67%
Ashwagandha (<i>Withania somnifera</i>) root extract	80 mg	†
Proprietary Extract Blend	630 mg	†
Coleus forskohlii root, L-Tyrosine, Schisandra (<i>Schisandra chinensis</i>) berry		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, water and vegan capsule (hypromellose, chlorophyll).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each 2-capsule serving delivers 1,800 mg dry herb equivalent.

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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.