

SUGGESTED USE

Adults take 1 capsule 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Rhodiola should not be taken by individuals with bipolar disorder. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.



gaia
HERBS
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NEW LOOK, SAME FORMULA

STRESS SUPPORT*

RHODIOLA ROSEA

Supports mental stamina and helps the body cope with stress*

120 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Siberian Rhodiola (<i>Rhodiola rosea</i>) root extract	120 mg	†
Rosavins	6 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, vegan capsule (hypromellose) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each 1-capsule serving delivers 850 mg dry herb equivalent.



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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.