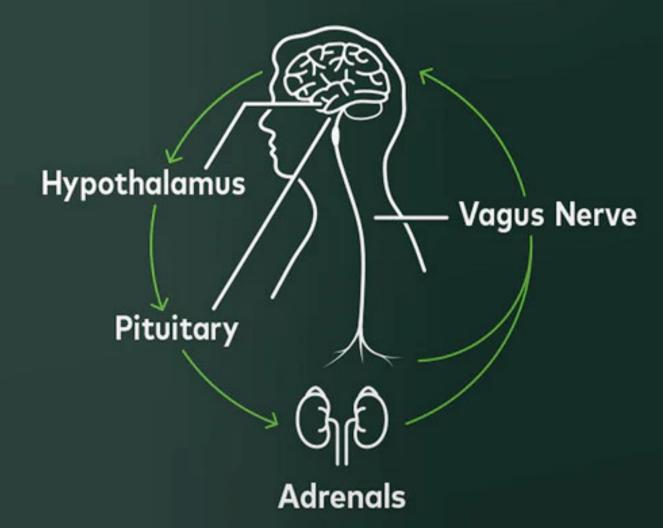
AMAZING ADAPTOGENS

Adaptogenic herbs get their name from their ability to help you adapt to and find balance amidst life's challenges.* They read your body's needs in tense times and smooth out its stress response cycle so you can cope in a healthy way.*

STRESS & NERVOUS SYSTEM RESPONSE



Discover our Guiding Truths at:





gaiaherbs.com

THE GAIA DIFFERENCE

- Sustainably sourced
- Extracted without harsh solvents
- 6 distinct quality tests







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BEST BY:



STRESS SUPPORT'

RHODIOLA ROSEA

Supports mental stamina and helps the body cope with stress*



CONCENTRATED **FORMULA**



FULL **SPECTRUM**



VEGAN LIQUID PHYTO-CAPS® IERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1g	<1%*
Siberian Rhodiola (Rhodiola rosea root extract) 120 mg	ţ
Rosavins	6 mg	t
* Percent Daily Values are based o † Daily Value not established.	n a 2,000 cal	orie diet.

Other ingredients: Vegetable glycerin, vegan capsule (hypromellose) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712 Each 1-capsule serving delivers 850 mg dry herb equivalent.

SUGGESTED USE

Adults take 1 capsule 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Rhodiola should not be taken by individuals with bipolar disorder. Store away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, **CURE, OR PREVENT ANY DISEASE.**