

Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Provides powerful support when you need it on your journey to living well.

Discover our Guiding Truths at:



A partnership of mutual beliefs

Reflux Relief® is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in Europe since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

**VEGAN
GLUTEN-FREE
SOY-FREE**



BEST BY:

gaia
HERBS



DIGESTIVE SUPPORT*

Reflux Relief®

**Helps cool occasional
heartburn & relieve
indigestion***

**With Aloe, Chamomile
& Marshmallow**

**45 CHEWABLE TABLETS
HERBAL SUPPLEMENT**

Supplement Facts

Serving Size 1 Tablet
Servings Per Container About 45

	Amount Per Serving	% Daily Value
Total Carbohydrate	1g	<1%*
Total Sugars	<1g	†
Includes <1 g Added Sugars		2%*
Calcium (as natural calcium carbonate from Limestone)	128 mg	10%
Sodium (as natural sodium bicarbonate from Nahcolite)	25 mg	1%
Proprietary Blend	151 mg	†
Organic Aloe (<i>Aloe vera</i>) leaf dried extract, Organic High Mallow (<i>Malva sylvestris</i>) leaf extract, Organic Chamomile (<i>Matricaria recutita</i>) flower freeze-dried extract, Organic Licorice (<i>Glycyrrhiza glabra</i>) root extract, Organic Marshmallow (<i>Althaea officinalis</i>) root extract		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Organic cane sugar, spearmint natural flavor and acacia gum.

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712.
Manufactured for Gaia Herbs by Aboca S.p.A. -Italy.

PRODUCT OF ITALY

SUGGESTED USE

Adults chew 1 tablet and allow to dissolve slowly in the mouth. Repeat as needed, up to 3 tablets daily.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Do not use if cap seal is broken. Keep bottle capped at all times and store in a cool, dry place.