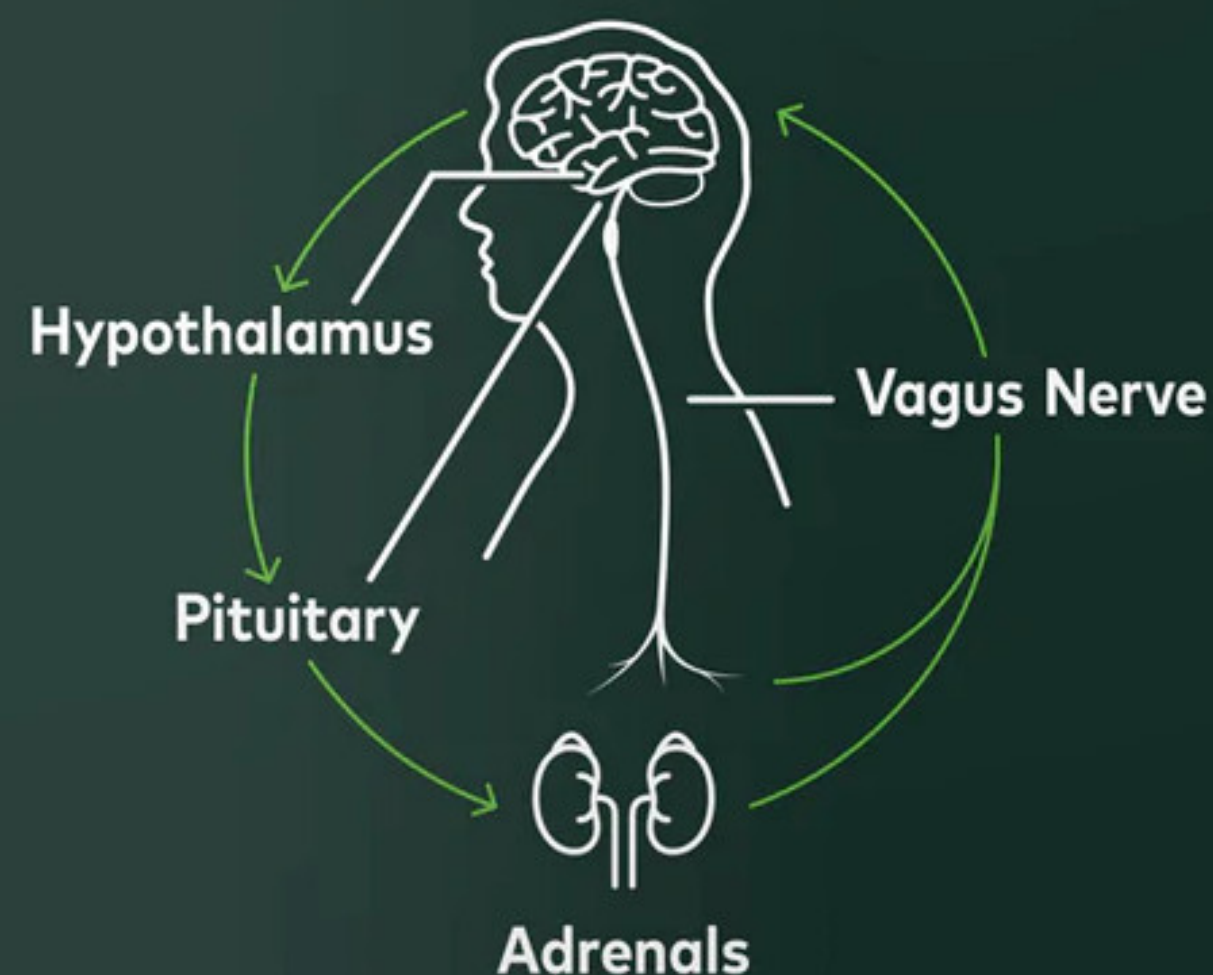


AMAZING ADAPTOGENS

Adaptogenic herbs get their name from their ability to help you *adapt* to and find balance amidst life's challenges.* They read your body's needs in tense times and smooth out its stress response cycle so you can cope in a healthy way.*

STRESS & NERVOUS SYSTEM RESPONSE



Discover our Guiding Truths at:



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THE GAIA DIFFERENCE

- ✓ Sustainably sourced
- ✓ Extracted without harsh solvents
- ✓ 6 distinct quality tests



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HERBS
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NEW LOOK
SAME FORMULA

STRESS SUPPORT*

HOLY BASIL LEAF

Promotes emotional well-being & supports a positive mood*



CONCENTRATED
FORMULA



FULL
SPECTRUM



SUPERCritical
EXTRACT

60

VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Proprietary Extract Blend	363 mg	†
Organic Holy Basil (<i>Ocimum sanctum</i>) leaf, Holy Basil (<i>Ocimum sanctum</i>) leaf supercritical CO ₂ extract		
Eugenols	8.5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, water, vegan capsule (hypromellose) and olive oil.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each capsule contains 2,650 mg dry herb equivalent.

SUGGESTED USE

Adults take 1 capsule 2 times daily with meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.