

**SUGGESTED USE**

Adults take 15-20 drops of extract in a small amount of water 3 times daily between meals.

Shake well before use. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use.

Store away from children. Use only as directed on label. Safety-sealed at neck of bottle.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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HERBS



DIGESTIVE SUPPORT\*

# Ginger Root

For relief from occasional  
nausea & upset stomach\*

1 FL OZ (30mL) HERBAL SUPPLEMENT

**Supplement Facts**

Serving Size 20 Drops (0.67 mL)  
Servings Per Container About 45

**Amount Per Serving**

Organic Ginger (*Zingiber officinale*) root extract

† Daily Value not established.

Other ingredients: Organic alcohol USP (60-70%) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive,  
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Certified Organic by Oregon Tilth

**1:2 Herb Strength Ratio**

**500 mg/mL Herb Equivalency**



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