

CONNECTING PEOPLE, PLANTS & PLANET



PURITY

All products are screened for pesticides, microbes & heavy metals.



POTENCY

Concentrated extracts provide a delicious & convenient way to get your daily dose of herbs.



INTEGRITY

See the proof at meetyourherbs.com, the world's first herb traceability platform.

Discover the Gaia Difference

  gaiaherbs.com
[@gaiaherbs](https://gaiaherbs.com)



NO ARTIFICIAL
SWEETENERS



NO ADDED
FLAVORS

BEST BY:

COUGH + SLEEP SUPPORT*

Our plant-powered cough syrup is designed to work holistically in the body. It features a blend of respiratory-, immune-, and stress-supporting herbs to help you find comfort and get a restful night's sleep.*

FEATURED IN THIS FORMULA:



PASSIONFLOWER

This traditional herb is as beautiful as it is calming, long used to support sleep and relaxation.*

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NEW

gaia
HERBS

EST 1987

COUGH SYRUP

NIGHTTIME

MADE WITH
ELDERBERRY
HONEY
PASSIONFLOWER
SOUTH AFRICAN
GERANIUM

MELATONIN-FREE



Helps soothe an occasional dry cough and supports a restful night's sleep*



4 FL OZ (118 mL)
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Teaspoons (10mL)
Servings Per Container About 12

	Amount Per Serving	% Daily Value
Calories	35	
Total Carbohydrate	8 g	3%*
Total Sugars	7 g	†
Includes 7 g Added Sugars		14%*
Organic Honey	10.4 g	†
Organic Passionflower (<i>Passiflora incarnata</i>) aerial parts extract	200 mg	†
South African Geranium (<i>Pelargonium sidoides</i>) root extract	86 mg	†
Organic Black Elderberry (<i>Sambucus nigra</i>) fruit extract	60 mg	†
Organic English Ivy (<i>Hedera helix</i>) leaf extract	45 mg	†
Essential Oil Blend	14 mg	†
Organic Peppermint aerial parts essential oil, Organic Eucalyptus aerial parts essential oil		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Water and organic lemon juice concentrate (to preserve freshness).

Manufactured for Gaia Herbs, Inc.
101 Gaia Herbs Drive, Brevard, NC 28712

SUGGESTED USE

Adults take 2 teaspoons within 1 hour before bedtime.

A nighttime companion to our daytime formula.

Shake well before use. Refrigerate after opening and consume within 6 months. Not for use during pregnancy or lactation. If you have a medical condition, or take medications, please consult with your healthcare practitioner before use. **Store away from children.** Safety-sealed at neck of bottle.