## Extend Your Exercise All Night Long\*

Introducing Z-Burn<sup>IM</sup>. The high-IO fat burner designed to optimize your body's most productive daily function, sleep, utilizing it as an effective platform to systematically attack and reduce unsightly fat from every direction. We've created this formula using precise amounts of clinically tested, natural ingredients that intelligently work to help boost your overightm tetabolism while:

- Targeting fat as primary source for fuel\*
- Increasing insulin efficiency speeding up fat metabolization\*
- Igniting lean muscle growth essential to burning fat\*
- Reducing "hunger" hormones and sugar cravings\*
   Lowering stress and stress related Cortisol levels\*
- Tomorrow's Fitness Starts Tonight... Sleep Smart.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

\*\*Clinical studies show a 55% increase in fat loss with 8.5 hrs of sleep when compared to 5.5 hrs alone. (Annals of Intern Med. 2010;153(7)) Works with any sensible diet and exercise plan.

MANUFACTURED IN THE U.S.A.







MANUFACTURED IN A FDA REGISTERED FACILITY Sleep Smart

## Night Time Metabolic Enhancer\*



Increase overnight metabolism\*

Promotes deeper more productive sleep\*

Natural Ingredients • 60 Capsules • Dietary Supplement

**Directions:** For deep productive sleep and all night fat loss, adults take (1) or (2) capsules approximately 30 minutes prior to bedtime. Do not exceed (3) capsules in a 24 hour period.

## Supplement Facts Serving Size: 2 capsules Servings Per Container: 30

Amount Per Serving	% Daily Value		
Vitamin B-6 (as Pyridoxine HCI)	3 mg	150%	
Magnesium (as Magnesium Oxide)	150 mg	38%	
Zinc (as Zinc Oxide)	10 mg	67%	
Chromium (as Chromium Picolate)	300 mcg	249%	
Z-BURN Proprietary Blend	482 mg		
L-Glutamine		*	

L-Glutamine	
L-Theanine	*
Resveratrol	*
Valerian Extract (Root)	*
Melatonin	*
*Daily Value (DV) not established	

Other Ingredients: Gelatin, Microcrystalline Cellulose,

Magnesium Stearate, FD&C Blue #1 & Titanium Dioxide.

Fitness One Formulas, LLC, PO Box 370507, Miami FL 33137

WARNING: Do not drive or operate machinery or other important tasks when taking this product. If you are

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