

CONNECTING PEOPLE, PLANTS & PLANET



PURITY

All products are screened for pesticides, microbes & heavy metals.



POTENCY

Concentrated extracts provide a delicious & convenient way to get your daily dose of herbs.



INTEGRITY

See the proof at meetyourherbs.com, the world's first herb traceability platform.

Discover the Gaia Difference

  gaiaherbs.com
[@gaiaherbs](https://gaiaherbs.com)



NO ARTIFICIAL
SWEETENERS



NO ADDED
FLAVORS

BEST BY:

EXPECT MORE FROM YOUR COUGH SYRUP*

Our plant-powered formula contains a blend of respiratory- and immune-supporting herbs for holistic support.*

FEATURED IN THIS FORMULA:

South African Geranium,
also known as Pelargonium



PELARGONIUM

This traditional South African herb has been clinically studied to maintain respiratory health and support the body's natural defenses.*

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NEW

gaia[®]
HERBS

EST 1987

COUGH SYRUP

MADE WITH

ELDERBERRY
HONEY
IVY LEAF
SOUTH AFRICAN
GERANIUM



Helps soothe an
occasional dry cough*



4 FL OZ (118 mL)
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Teaspoon (5mL)
Servings Per Container About 24

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	2%*
Total Sugars	4 g	†
Includes 4 g Added Sugars		8%*
Organic Honey	5.2 g	†
South African Geranium (<i>Pelargonium sidoides</i>) root extract	29 mg	†
Organic Black Elderberry (<i>Sambucus nigra</i>) fruit extract	22 mg	†
Organic English Ivy (<i>Hedera helix</i>) leaf extract	22 mg	†
Essential Oil Blend	8 mg	†
Organic Eucalyptus aerial parts essential oil, Organic Scotch Pine needle essential oil, Organic Thyme aerial parts essential oil		

* Percent Daily Values are based on a 2,000
calorie diet.

† Daily Value not established.

Other ingredients: Water and organic lemon juice
concentrate (to preserve freshness).

Manufactured for Gaia Herbs, Inc.
101 Gaia Herbs Drive, Brevard, NC 28712

SUGGESTED USE

Adults take 1 teaspoon 3 times daily.

Shake well before use. Refrigerate after opening and consume within 6 months. Not for use during pregnancy or lactation. If you have a medical condition, or take medications, please consult with your healthcare practitioner before use. **Store away from children.** Safety-sealed at neck of bottle.