CONNECTING PEOPLE, PLANTS & PLANET



PURITY

All products are screened for pesticides, microbes & heavy metals.



POTENCY

Concentrated extracts provide a delicious & convenient way to get your daily dose of herbs.



INTEGRITY

See the proof at meetyourherbs.com, the world's first herb traceability platform.

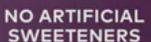
Discover the Gaia Difference





gaiaherbs.com @gaiaherbs







NO ADDED FLAVORS

BEST BY:

YOUR COUGH SYRUP*

Our plant-powered formula contains a blend of respiratoryand immune-supporting herbs for holistic support.*

FEATURED IN THIS FORMULA:

South African Geranium, also known as Pelargonium



PELARGONIUM

This traditional South African herb has been clinically studied to maintain respiratory health and support the body's natural defenses.*

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NEW

gaia

EST 1987

COUGH

MADE WITH

HONEY
IVY LEAF
SOUTH AFRICAN
GERANIUM



Helps soothe an occasional dry cough*



4 FL OZ (118 mL) HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Teaspoon (5mL) Servings Per Container About 24

	Amount Per Serving	% Daily Value
Calories	15	-1
Total Carbohydrate	4 g	2%*
Total Sugars	4 g	t
Includes 4 g Added Sugars	5	8%*
Organic Honey	5.2 g	t
South African Geranium (Pelargonium sidoides) root extr	29 mg act	t
Organic Black Elderberry (Sambucus nigra) fruit extract	22 mg	t
Organic English Ivy (Hedera hel leaf extract	lix) 22 mg	t
	8 mg	-

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Water and organic lemon juice concentrate (to preserve freshness).

Manufactured for Gaia Herbs, Inc. 101 Gaia Herbs Drive, Brevard, NC 28712

SUGGESTED USE

Adults take 1 teaspoon 3 times daily.

Shake well before use. Refrigerate after opening and consume within 6 months. Not for use during pregnancy or lactation. If you have a medical condition, or take medications, please consult with your healthcare practitioner before use. Store away from children. Safety-sealed at neck of bottle.