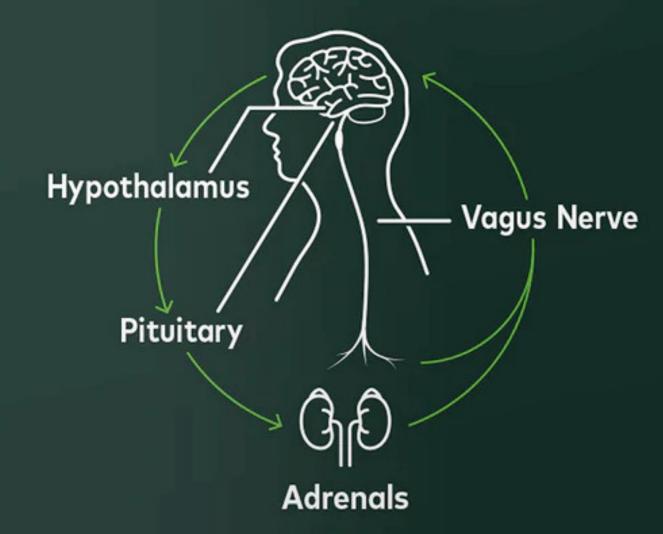
NOURISHING NERVINES

When life gets challenging, your body's nervous system activates. Nervine herbs tone and nourish this system, giving it the support it needs through the stress response cycle so you can keep a calm mind and cope in a healthy way.*

STRESS & NERVOUS SYSTEM RESPONSE



* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

THE GAIA DIFFERENCE

- Sustainably sourced
- Extracted without harsh solvents
- ∅ 6 distinct quality tests
- Formula rooted in traditional herbalism







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BEST BY:



Supplement Facts

Serving Size 3 Capsules Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	<1%*
Proprietary Extract Blend	1,440 mg	†

Organic Skullcap (Scutellaria lateriflora) aerial parts extract, Organic Passionflower (Passiflora incarnata) flowering vine, Organic Chamomile (Matricaria recutita) flower, Organic Vervain aerial parts, Holy Basil (Ocimum sanctum) leaf supercritical CO₂ extract

Organic English Lavender *(Lavandula angustifolia)* 60 mg flower essential oil

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Vegetable glycerin, water, vegan capsule (hypromellose), sunflower lecithin and olive oil.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each 3-capsule serving delivers 5,050 mg dry herb equivalent.

SUGGESTED USE

Adults take 3 capsules, once daily, on an as-needed basis.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.

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