

Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

Discover our Guiding Truths at:





gaiaherbs.com



RESPIRATORY SUPPORT*

Black Seed Oil

Traditionally for maintaining a healthy respiratory system*

With cold-pressed Nigella seed oil for antioxidant support*

VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT



meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN GLUTEN-FREE



BEST BY:

Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	<1g	<1%*
Organic Nigella (Nigella sativa) 400 mg		t

seed oil containing 2.5% Thymoquinone (10 mg)

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Organic soy lecithin, vegan capsule (hypromellose, chlorophyll).

Gaia Herbs, Inc., 101 Gaia Herbs Drive Brevard, NC 28712

SUGGESTED USE

Adults take 2 capsules 1-2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Store away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR