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# A partnership of mutual beliefs

Black Elderberry NightTime Syrup is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in Europe since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.



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VEGAN
GLUTEN-FREE
CERTIFIED ORGANIC





# Black Elderberry NightTime Syrup

Traditionally taken for immune health\*

With California Poppy



3 FL OZ (89 mL) HERBAL SUPPLEMENT

# Supplement Facts

Serving Size 1 Teaspoon (5 mL) Servings Per Container About 18

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	5 g	2%*
Total Sugars	4 g	t
Includes 4 g Added Sugars		8%*
Black Elderberry (Sambucus nigra) fruit juice concentrate 🛆	1,903 mg	t
Acerola ( <i>Malpighia glabra</i> ) fruit extract 🛦	147 mg	Ť
Proprietary Blend	104 mg	t
Lemon Balm (Melissa officinalis) leaf e (Grindelia camporum) flowering tops e (Eschscholzia californica) leaf extract a	extract 🛦, Californ	

Other ingredients: Organic cane sugar, water, lemon fruit juice (to preserve freshness) and xanthan gum

= Certified Organic Ingredient

† Daily Value not established.

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Certified Organic by Oregon Tilth

Manufactured for Gaia Herbs by Aboca S.p.A. - Italy

### PRODUCT OF ITALY

Each teaspoon contains the equivalent of 14.5 g (14,500 mg) of fresh Elderberries.

## SUGGESTED USE

Take within one hour before bedtime.

Adults: 1 teaspoon Ages 9-12: ½ teaspoon

Ages 6-8: 1/4 teaspoon

Shake well before use. Refrigerate after opening. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Store away from children. Do not use if cap seal is broken. Consume within 6 months of opening.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.