

# BioCare®



## Nutrisorb® Methyl B Complex

Liquid B vitamins for  
energy, nervous &  
methylation support

15ml liquid  
Food supplement

### Product information per daily intake: 4 drops

	%EC NRV*		%EC NRV*	
Vitamin B1	10mg	909	Folate	100µg 50
Vitamin B2	1.4mg	100	Vitamin B12	10µg 400
Niacin	10mg NE <sup>†</sup>	63	Pantothenic	2.3mg 38
Vitamin B6	10mg	714	Acid (B5)	

\*NRV = Nutrient Reference Value

†NE = Niacin Equivalent

**Directions:** 4 drops taken daily in water with food, or under the tongue, or as professionally directed. Shake well before use.

**Ingredients:** Purified Water, Vitamin B1 (Thiamine Hydrochloride), Vitamin B6 (Pyridoxine Hydrochloride), Niacin (Nicotinamide), Vitamin B5 (Calcium Pantothenate), Vitamin B2 (Riboflavin), Stabilisers (Acacia Gum, Xanthan Gum), Preservative (Potassium Sorbate), Acid (Citric Acid), Folate (Calcium L-methylfolate), Vitamin B12 (Methylcobalamin). **Vegetarian & vegan**

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Store in a cool, dry place. For best before and batch, see base.



Code: 33915 v5.1

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