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Directions: 1 heaped teaspoon (approx. 5 grams) or as professionally directed, stirred into water, or blended into a smoothie. Take daily with food.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. This product contains vitamin A. Do not take if you are pregnant or if you are likely to become pregnant except on the advice of a doctor or ante-natal clinic. Excessive consumption may produce laxative effects. Store in a cool, dry place. Avoid direct sunlight and heat. Contains a desiccant to absorb moisture. For best before and batch, see below.

Vitamin A contributes to the maintenance of normal mucous membranes and the function of the immune system. **Vitamin C** and **zinc** contribute to the protection of cells from oxidative stress. **Vitamin C** supports collagen formation.



BN:
BBE:

BioCare®



GI Complex

Nutrient complex with L-glutamine, nucleotides, live bacteria, and vitamin A to support the gut membrane and immunity

150g powder
Food supplement with sweeteners



Product information per daily intake: 5 grams

		%EC NRV*
Vitamin A 5000iu	1500ug RE ¹	188
Vitamin C	180mg	225
Zinc	20mg	200
L-Glutamine	900mg	-
N-Acetyl Glucosamine	435mg	-
Nucleotides IB70	100mg	-
Alpha Lipoic Acid	50mg	-
Lactobacillus acidophilus (CUL-60 & CUL-21)	43.7mg ²	-
Lactobacillus salivarius (CUL-61)	38.9mg ²	-
Bifidobacterium bifidum (CUL-20)		-
& Bifidobacterium lactis (CUL-34)	6.5mg ²	-
Ginger Root Extract 10:1 (equivalent 300mg)	30mg	-

Providing a total of 10 billion live bacteria, guaranteed until the end of shelflife if stored correctly. ¹Typical amounts, may vary.

*NRV = Nutrient Reference Value ¹RE = Retinol Equivalent

Ingredients: Sweeteners (Xylitol & Steviol Glycosides), L-Glutamine, N-Acetyl Glucosamine (**Crustaceans**), Vitamin C (Magnesium Ascorbate), Natural Flavourings (Apple & Blackcurrant), Nucleobides (Nutritide[®] IB70 as 5'-Ribonucleotides/RNA Concentrated Extract), Zinc Citrate, Alpha Lipoic Acid, Lactobacillus acidophilus, Lactobacillus salivarius, Ginger Root Extract (Zingiber officinalis Root), Vitamin A (Retinyl Acetate), Bifidobacterium bifidum & Bifidobacterium lactis.

Allergen information: See ingredients in **bold**.

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