

Suggested Use: Take one vegetable capsule per day, with food and a glass of water or as directed by your health professional.

DIM contains diindolylmethane, a potent phytonutrient found in cruciferous vegetables like broccoli, brussels sprouts, cauliflower and kale. Diindolylmethane has unique benefits that support the activity of enzymes that improve estrogen metabolism. Research shows DIM increases the level of "favorable" estrogens (2-hydroxyestrogen) while reducing the level of "less favorable" estrogens (16-hydroxyestrogen). With BrocStar™ brand 20:1 Broccoli Extract and PurePirine™ brand 10:1 Black Pepper Extract for maximum absorption.*

CAUTION: Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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DIM

ESTROGEN METABOLISM

**100%
VEGAN**

NATURAL

**HORMONAL SUPPORT
FOR MEN & WOMEN**

Estrogen Metabolism Support
Hormonal Balance Complex
Natural Aromatase Inhibitor

Dietary Supplement
60 Potent Veggie Capsules

SUPPLEMENT FACTS

serving size: 1 capsule servings per bottle: 60

Amount Per Serving	
DIM (Diindolylmethane)	300 mg
PurePirine™ Black Pepper Extract 10:1 (Piper Nigrum Fruit)	30 mg
BrocStar™ Broccoli Extract 20:1 (Brassica oleracea italica)	100 mg

*Daily value (DV) not established.

Other Ingredients: **Vegetable capsule**, cellulose, silica, vegetable sourced magnesium stearate.

 **ARTIFICIAL INGREDIENTS**

**100%
vegan**



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Manufactured for
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Psalm 107:19-21



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