ANTI-CATABOLIC NIGHTIME PROTEIN

Suggested Use: Take NutraBio Casein before bed, between meals or any time slow digesting protein is desired. Add 1 scoop with 8 ounces of cold water or your favorite beverage to a shaker cup or blender and mix for 25-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Use nonfat milk for a thicker, creamier shake.

SUSTAINED RELEASE FOR PROLONGED AMINO ACID DELIVERY

Micellar Casein is a slow absorbing protein that provides a steady stream of amino acids to muscle cells lasting 4-6 hours. This ensures positive nitrogen retention in muscles for much longer periods compared to whey protein. Casein is best taken at night or in combination with whey protein isolate after workouts to provide sustained amino acid delivery during the two most crucial times of muscle growth: during sleep and post-training.

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from micellar casein protein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)	
Tryptophan	340mg
Valine **	1512mg
Threonine	1019mg
Isoleucine **	1265mg
Leucine **	2253mg
Lysine	1975mg
Phenylalanine	1173mg
Methionine	710mg

Conditionally Essential Amino Acids (CAAs)	
Arginine	895mg
Cysteine	247mg
Tyrosine	1265mg
Histidine	648mg
Proline	2346mg
Glutamic Acid (Glutamine Precursor)	5031mg

Nonessential Amino Acids (NAAs)	
Aspartic Acid	1790mg
Serine	1296mg
Glycine	463mg
Alanine	772mg

*** Branched Chain Amino Acids***

SINCE 1996

MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY

MADE IN USA

NUTRABIO®

GLUTEN FREE | NON-GMO | BSE/TSE FREE

5G BCAAs

UD

MICELLAR CASEIN

SLOW DIGESTING PROTEIN

27 Servings
Net Wt. 32 oz (2 lb) 907 g

Protein Supplement

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

Serving size: 1 scoop (33.14 g)
Servings per container: 27.37

Amount Per Serving	% Daily Value
Calories 120	
Total Fat 1 g	1%*
Cholesterol 15 mg	5%*
Total Carbohydrate 2 g	<1%*
Sugars 1 g	†
Protein 25 g	50%*
Calcium 728 mg	70%*
Phosphorus 316 mg	30%*
Sodium 110 mg	4%*
Potassium 80 mg	2%*
Micellar Casein 31.65 g (Yielding 25 g complete protein per serving. Instantized with sunflower lecithin.)	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Flavoring (natural flavors 850 mg, salt 200 mg, malic acid 150 mg, acesulfame potassium 100 mg, sucralose 80 mg), beet powder 110 mg (color).

Contains: Milk.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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THE ULTIMATE SLOW DIGESTING PROTEIN!

- *NO* PROTEIN SPIKING
- *NO* PROPRIETARY BLENDS
- *NO* INFERIOR CASEINATE
- *NO* GLUTEN OR BSE/TSE
- *NO* BANNED SUBSTANCES

PRODUCT FILLED TO THIS LEVEL

NO AMINO SPIKE FREE SPIKING

FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

CHECK. VERIFY. TRUST. View Independent Lab Results CHECKMYSUPPS.COM