

**Suggested Use:** Take 1-2 servings mixed with 16oz of your favorite beverage 20-30 minutes prior to exercise and again immediately after exercise. Take twice daily between meals on non-training days as well. Beta-alanine may cause a tingling or sensory sensation on your skin for some users. With continued use, the intensity of the sensation will decrease or disappear.

**VEGETARIAN | GLUTEN FREE | NON-GMO | LACTOSE FREE**

**Warning:** NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN. If you are pregnant, breast feeding, have known medical conditions (including kidney or liver disease) or are taking prescription or OTC medication(s) consult with your health care practitioner before using this product. Discontinue use two weeks prior to surgery.

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**NUTRABIO**

# BETA ALANINE

SUPPORTS MUSCLE ENDURANCE†

Net Wt. 12.7 oz (360 g)

180 Servings Dietary Supplement 

## Supplement Facts

Serving size: 1 scoop (2 g)  
Servings per container: 180

	Amount Per Serving	% DV
Beta Alanine	2g	†

† Daily value (DV) not established

Other Ingredients: ABSOLUTELY NONE.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).



PRODUCT FILLED TO THIS LEVEL ▲