



Carlson

Wild Norwegian
Omega-3s
with SPMs

DIETARY SUPPLEMENT

✓ Inflammation Balance* ✓ Healthy Brain Aging* ✓ Skin Health*

60 Soft Gels | 60 Servings



* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 60

	Amount Per Serving	% DV
Calories	5	
Total Fat	0.5 g	1%**
Cholesterol	20 mg	7%
Choline	13 mg	2%
Total Omega-3 Fatty Acids*	215 mg	†
EPA (Eicosapentaenoic Acid)*	40 mg	†
DHA (Docosahexaenoic Acid)*	150 mg	†
Total Phospholipids	140 mg	†
Phosphatidyl Choline	110 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Ingredients: ROMEA® Herring Caviar oil, natural mixed tocopherol. Soft gel shell: Beef gelatin, glycerin, water, natural vanilla flavor. Contains fish (anchovy and herring).

*Reported as triglycerides.

Directions: Adults: take one soft gel once or twice daily **at mealtime. Do not chew.**

Omega-3s with SPMs blends sustainably sourced arctic herring caviar extract with fish oil concentrate, which provides naturally-occurring phospholipids, specialized pro-resolving mediators (SPMs), and omega-3s, including EPA and DHA. Phospholipids enhance the absorption of fat-soluble nutrients, like omega-3s, and have the ability to cross the blood-brain barrier.*

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

ROMEQA® is a trademark of Arctic Bioscience A.S.

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