



Carlson

Wild Norwegian

Mom's DHA with Choline

DIETARY SUPPLEMENT

✓ Fetal Health* ✓ Growth & Development* ✓ Mood Health*

60 Soft Gels | 60 Servings



*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 60

	Amount Per Serving	% DV
Calories	5	
Total Fat	0.5 g	1%**
Cholesterol	20 mg	7%
Choline	13 mg	2%
Total Omega-3 Fatty Acids [†]	215 mg	†
EPA (Eicosapentaenoic Acid) [†]	40 mg	†
DHA (Docosahexaenoic Acid) [†]	150 mg	†
Total Phospholipids	140 mg	†
Phosphatidyl Choline	110 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Ingredients: ROMEA® Herring Caviar oil, natural mixed tocopherol. Soft gel shell: Beef gelatin, glycerin, water, natural vanilla flavor. Contains fish (anchovy and herring).

[†]Reported as triglycerides.

Directions: Adults: take one soft gel once or twice daily **at mealtime. Do not chew.**

Mom's DHA with Choline blends sustainably sourced arctic herring caviar extract and DHA-rich fish oil, and provides the 3:1 DHA to EPA ratio naturally found in breast milk. The caviar DHA is phospholipid-bound supporting healthy brain development for baby and a healthy mood for mom.*

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

ROMEQA® is a trademark of Arctic Bioscience A.S.

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