



# Carlson Lutein & Greens

Clinically Proven to Support Vision Health<sup>▲\*</sup>

DIETARY SUPPLEMENT

✓ Vision Support\* ✓ Blue Light Protection\* ✓ Eye Function\*

180 Vegetarian Capsules | 180 Servings

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 180

	Amount Per Serving	% DV
Lutein (as trans-lutein) [Extracted from marigolds ( <i>Tagetes erecta</i> )(flower)]	20 mg	†
Zeaxanthin [Extracted from marigolds ( <i>Tagetes erecta</i> )(flower)]	4 mg	†

† Daily Value (DV) not established.

Other Ingredients: Corn starch, organic kale powder, spirulina (*Arthrospira platensis*) powder, hydroxypropyl methylcellulose capsule, cellulose, magnesium stearate (veg.).

**Directions:** Adults: take one capsule daily **at mealtime**. Color variations naturally occur.

✓ No Artificial Preservatives  
✓ Vegetarian ✓ Gluten-free

**Lutein & Greens** blends Lutemax 2020, featuring lutein, zeaxanthin and meso-zeaxanthin, with 260 mg of kale and spirulina. Together, these powerful nutrients promote healthy vision and eye function, and help protect our eyes from harmful high-energy blue light and digital device use.\* Lutein and zeaxanthin are found in high amounts in and around the macula, an area vital to healthy vision.\*



**Lutemax**  
Lutein and  
Zeaxanthin 2020

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\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## POTENCY & QUALITY GUARANTEED

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