Non-GMO verified, Tru-ID® certified. fiber-dense konjac root from Japan, processed without chemical additives for exceptional purity.

Health Benefits: Supports healthy weight and digestive, heart, glucose, and gut health."

Manufactured without magnesium stearate, stearie acid, silicon dioxide, or chemical preservatives.



FIBER-RICH KONJAC ROOT

Glucomannan Gold

700 mg · 120 VEGAN CAPSULES





To learn more about this product, scan QR code or val nutrigold.com/item/256







suggested Use: As a dietary supplement, adults take I to 2 capsules up to 3 times daily, preferably 30 minutes before meals with 12 oz. of water, or as directed by a healthcare professional.

SUPPLEMENT

Serving Size: 2 capsules Servings Per container: 60

Amount	Per Serving	% DV
Total Carbohydrates	1 g	<1%*
Dietary Fiber	1 g	4%*

Konjac Glucomannan 1,400 mg (Amorphophallus konjac [root])

'Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Vegan capsule (plant cellulose).

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

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