

Non-GMO verified, clinically-proven KSM-66®
ashwagandha root standardized to the full
spectrum of bioactive compounds, including 5%
withanolides, using a chemical-free process.

 **Health Benefits:** Supports mental clarity, energy,
endurance, immunity, thyroid function, and healthy
stress response.*

 **Verified free of** corn, egg, gluten, peanut,
shellfish, and soy allergens by an independent lab.

 **Manufactured without** magnesium stearate,
stearic acid, silicon dioxide, or chemical
preservatives.

KSM-66® is a registered trademark of Ixoreal Biomed Inc.



NON-GMO

Ashwagandha Gold®

FULL-SPECTRUM

450 mg • 90 VEGAN CAPSULES

DIETARY SUPPLEMENT



SKU # 203



To learn more about this
product, scan QR code or visit
nutrigold.com/item/203



Suggested Use: As a dietary supplement, adults
take 1 capsule 2 times daily with food, or as
directed by a healthcare professional.

SUPPLEMENT FACTS

Serving Size: 1 capsule Servings Per Container: 90

Amount Per Serving

Organic KSM-66® Ashwagandha Extract 300 mg†
(*Withania somnifera* [root] standardized
to 5% withanolides)

Organic Full-Spectrum Ashwagandha 150 mg†
[root] Powder

†Daily Values not established.

Other Ingredients: Vegan capsule (plant cellulose).

Contains a milk derivative (lactic acid in KSM-66®).

Caution: Please consult a healthcare professional before
taking this supplement if you are pregnant, breastfeed-
ing, or taking any medications. Store in original container
away from moisture and direct sunlight. Keep out of
reach of children.

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*This statement has not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

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